

# **BAC Masters Program**

## **Practice Schedule (options for 2, 3 or 4 practices/week)**

MONDAY	8:00 – 9:00 PM
WEDNESDAY	8:00 – 9:00 PM
THURSDAY	8:30 – 9:30 PM
SUNDAY	<i>9:00 – 10:00 AM</i>

### **NOTES**

1. Each practice will be geared to a different section of the program; recreational, triathlon, competitive. A weekly schedule will be determined for each session after consultation with the registered swimmers.
2. Attendance will be taken at practices to ensure that the fee structure is not abused.
3. Athletes must be registered before entering the water.